



FLEUR DE LIS SCHOOL
established in 1979

MENU

October 9-13, 2017

	AM SNACK	LUNCH	PM SNACK
Monday	Snack Mix & Fresh Fruit	Ham Sandwich, Veggie Crisp Snacks, Cottage Cheese, Tomato Slice, Pears & 1% Milk	100% Fruit Juice & Wheat Crackers
Tuesday	Soy Nut Butter on Crackers W/Water	Macaroni & Cheese, Bread W/Spread, Green Salad, Orange Slice, Applesauce & 1% Milk	Raisins & Goldfish Crackers
Wednesday	String Cheese & Fresh Fruit	Turkey Hot Dogs W/Bun, Baked Fries, Peas, Carrot Sticks, Pineapple & 1% Milk	Graham Crackers & 1% Milk
Thursday	Pretzels & Fresh Fruit	Cheese Quesadillas, Rice, Corn, Sweet Red Pepper, Pudding & 1% Milk	Cheese Crackers & Fresh Fruit Pre-K....FIELD TRIP Sack Lunch
Friday	Cereal & 1% Milk	Chicken Soup, Soy Nut Butter & Jelly Sandwich, Slice Cucumber, Whole Wheat Fig Bar & 1% Milk	Cream Cheese on Crackers W/Water