



FLEUR DE LIS SCHOOL
established in 1929

MENU

September 25-29, 2017

	AM SNACK	LUNCH	PM SNACK
Monday	Goldfish Crackers & Raisins	Spaghetti, Bread W/Spread, Green Garden Salad, Orange Wedges, Peaches & 1% Milk	Pretzels & Fresh Fruit
Tuesday	Soy Nut Butter on Crackers W/Water	Chicken Nuggets, Mashed Potatoes, Green Beans, Carrot Sticks, Pudding & 1% Milk	Wheat Crackers & 100% Fruit Juice
Wednesday	Rice Cakes & Fresh Fruit	Soy Nut Butter & Jelly Sandwiches, Yogurt, Pretzels, Sweet Red Peppers, Carrot Sticks, Applesauce & 1% Milk	Snack Mix & Fresh Fruit
Thursday	Cereal & 1% Milk	Bean & Cheese Burrito, Rice, Corn, Cucumber, Pears & 1% Milk	Graham Crackers & Dried Cranberries
Friday	Cheese Crackers & Fresh Fruit	Vegetarian Lentil Soup, Flatbread W/Cream Cheese, Tomato Slice, Apples, Raisins, Whole Wheat Fig Bar & 1% Milk	String Cheese & Crackers or Fresh Fruit