



FLEUR DE LIS SCHOOL
established in 1929

MENU

September 19-23, 2016

	AM SNACK	LUNCH	PM SNACK
Monday	Cheese Crackers & Fresh Fruit	Turkey Sandwich, Pretzels, Greek Yogurt, Apple Slice, Mandarin Oranges & 1% Milk	Soy Nut Butter on Crackers W/Water
Tuesday	Snack Mix & Fresh Fruit	Meatballs, Mashed Potatoes, Cooked Carrots, Cucumbers, Fruit Cocktail & 1% Milk	String Cheese & Wheat Crackers
Wednesday	Graham Cracker & Fresh Fruit	Chicken Nuggets, Green Garden Salad, Noodles W/Olive Oil, Carrots, Pudding & 1% Milk	Goldfish Crackers & Raisins
Thursday	Cream Cheese on Crackers W/Water	Spaghetti, Bread W/Spread, Apple Slice, Green Beans, Peaches & 1% Milk	Pretzels & 100% Apple Juice
Friday	Cereal & 1% Milk	Soy Nut Butter & Jelly Sandwich, Chicken Soup, Oranges, Raisins, Cheese Slice, Whole Wheat Fig Bar & 1% Milk	Rice Cakes & Fresh Fruit