



FLEUR DE LIS SCHOOL
established in 1929

MENU

October 16-20, 2017

	AM SNACK	LUNCH	PM SNACK
Monday	Wheat Crackers & String Cheese	Vegetarian Vegetable Noodle Soup, Flatbread w/Cream Cheese, Cucumber Slice, Orange Wedge, Whole Grain Fig Bar & 1% Milk	Snack Mix & Fresh Fruit
Tuesday	Soy Nut Butter on Crackers Water	Bean & Cheese Burritos, Rice, Peas, Carrot Sticks, Fruit Cocktail & 1% Milk	Goldfish Crackers & Raisins
Wednesday	Cheese Crackers Fresh Fruit	Chicken Nuggets, Green Garden Salad, Noodles w/Olive Oil, Apple Slice, Pears & 1% Milk	Pretzels & Fresh Fruit
Thursday	Cream Cheese on Crackers Water	Turkey Sandwiches, Yoghurt, Orange Wedge, Pretzels, Raisins, Applesauce & 1% Milk	Graham Crackers & 100% Fruit Juice
Friday	Cereal & 1% Milk	Spaghetti, Bread w/Spread, Green Beans, Sweet Red Pepper, Peaches & 1% Milk	Rice Cakes & Fresh Fruit