



FLEUR DE LIS SCHOOL

established in 1929

MENU

July 18-22, 2016

	AM SNACK	LUNCH	PM SNACK
Monday	Wheat Crackers & Fresh Fruit	Ham Sandwiches, Veggie Chips/Sticks, Cucumber Slice, Yogurt, Semi-Sweet Chocolate Chips W/Banana & 1% Milk	String Cheese & Fresh Fruit 4's Field Trip SACK LUNCH
Tuesday	100% Apple Juice & Cheese Crackers	Turkey Lunchmeat, Cheese & Whole Grain Crackers, Oranges, Raisins, Carrot Sticks, Wheat Fig Bar & 1% Milk	Snack Mix & Fresh Fruit
Wednesday	Soy Nut Butter on Crackers W/Water	Chicken Taquitos, W/Shredded Cheddar Cheese, Rice, Corn, Cherry Tomatoes, Pears & 1% Milk	Goldfish Crackers & Raisins
Thursday	Cereal & 1% Milk	Macaroni & Cheese, Bread W/Spread, Green Salad, Sweet Red Bell Pepper, Pudding & 1% Milk	Cream Cheese on Crackers W/Yogurt
Friday	Pita Chips & Fresh Fruit	Chicken Nuggets, Noodles W/Olive Oil, Green Beans Carrot Sticks, Applesauce & 1% Milk	Rice Cakes & Fresh Fruit