



FLEUR DE LIS SCHOOL
established in 1929

MENU

August 1-5, 2016

	AM SNACK	LUNCH	PM SNACK
Monday	Goldfish Crackers & Raisins	Bean & Cheese Burritos, Rice, Corn, Tomato Slice, Mandarin Oranges & 1% Milk	Soy Nut Butter on Crackers W/Water *4's Field Trip Sack Lunch
Tuesday	Wheat Crackers & Fresh Fruit	Chicken Nuggets, Mashed Potatoes, Cooked Carrots, Cucumber Slice, Applesauce & 1% Milk	Animal Crackers & 1% Milk
Wednesday	Snack Mix & Fresh Fruit	Lentil Soup, Flat Bread & Cream Cheese, Sweet Red Peppers, Carrot Sticks, Raisins, Whole Wheat Fig Bar & 1% Milk	Cheese Crackers & Fresh Fruit
Thursday	String Cheese & Fresh Fruit	Soy Nut Butter & Jelly Sandwiches, Yogurt, Pretzels, Oranges, Pears & 1% Milk	Rice Cakes & Fresh Fruit
Friday	Cereal & 1% Milk	Mini Cheese & Pepperoni Pizzas, Green Salad, Apple Slice, Broccoli, Pineapple & 1% Milk	100% Juice Popsicles & Crackers *4's Field Trip Sack Lunch