



FLEUR DE LIS SCHOOL  
established in 1929

## MENU

September 14-18, 2015

### AM SNACK

### LUNCH

### PM SNACK

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#### Monday

Cereal & Milk

Fish Sticks, Noodles, Peas,  
Carrot Sticks, Cookie  
& 1% Milk

Goldfish Crackers & Raisins

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#### Tuesday

Soy Nut Butter on  
Crackers W/Water

Flat Bread W/Cream Cheese  
& Lunchmeat, Greek Yogurt,  
Fresh Veggie Sticks, Apple  
Slice, Mandarin Oranges &  
1% Milk

Snack Mix & Fruit

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#### Wednesday

String Cheese  
& Crackers

Spaghetti, Bread W/Spread,  
Mixed Vegetables, Zucchini  
Slice, Peaches & 1% Milk

Rice Cakes & Fruit

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#### Thursday

Graham Crackers  
& Fruit

Bean & Cheese Burrito,  
Rice, Corn, Tomato Slice,  
Pineapple & 1% Milk

Pretzels & Raisins

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#### Friday

Cream Cheese  
On Crackers

Ham Sandwiches, Pretzels,  
Oranges, Raisins, Cucumber  
Slice, Cheese Slice, Applesauce  
& 1% Milk

Wheat Crackers & Fruit

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