



FLEUR DE LIS SCHOOL
established in 1929

MENU

October 7-October 11, 2019

	AM SNACK	LUNCH	PM SNACK
Monday	String Cheese & Fresh Fruit	Cheese Quesadillas, Rice, Corn, Tomato Slice, Pineapple & 1% Milk	Raisins & Goldfish Crackers
Tuesday	Soy Nut Butter on Crackers w/Water	Chicken Nuggets, Noodles, Garden Salad, Orange Wedge, Pudding & 1% Milk	Pretzels & Fresh Fruit
Wednesday	Graham Crackers & 1% Milk	Turkey Sandwich, Vegetarian Vegetable Noodle Soup, Apple Slice, Cheese Cubes, Wheat Fig Bar & 1% Milk	Snack Mix & Fresh Fruit
Thursday	Cinnamon Apple Snack Stix & Fresh Fruit	Spaghetti, Bread Roll, Green Beans, Carrot Sticks, Pears & 1% Milk	Cream Cheese on Crackers w/Water
Friday	Cheese Crackers & 100% Fruit Juice	Crackers & Lunchmeat, Cottage Cheese, Cucumber Slice, Melon Slice, Raisins, Applesauce & 1% Milk	Rice Cakes & Fresh Fruit