



FLEUR DE LIS SCHOOL
 established in 1929

MENU

October 1-5, 2018

	AM SNACK	LUNCH	PM SNACK
Monday	Rice Cakes & Fresh Fruit	Crackers, Cheese, Lunch Meat, Vegetarian Vegetable Noodle Soup, Orange Wedge, Cucumber, Wheat Fig Bar & 1% Milk	Goldfish Crackers & Raisins
Tuesday	String Cheese & Wheat Crackers	Fish Sticks, Noodles w/Olive Oil, Peas, Tomato Slice, Pears & 1% Milk	Pretzels & Fresh Fruit
Wednesday	Soy Nut Butter on Crackers w/Water	Bean & Cheese Burrito, Rice, Corn, Sweet Red Pepper, Applesauce & 1% Milk	Graham Crackers & Fresh Fruit
Thursday	Cream Cheese on Crackers w/Water	Spaghetti, Bread w/Spread, Green Garden Salad, Apple Slice, Fruit Cocktail & 1% Milk	Snack Mix & Fresh Fruit
Friday	Cereal & 1% Milk	Soy Nut Butter & Jelly Sandwiches, Yoghurt, Pretzels, Orange Wedge, Raisins, Peaches & 1% Milk	Cheese Crackers & Fresh Fruit