



FLEUR DE LIS SCHOOL
established in 1929

MENU

October 8-12, 2018

	AM SNACK	LUNCH	PM SNACK
Monday	String Cheese & Wheat Crackers	Chicken Nuggets, Noodles, Cooked Carrots, Broccoli, Pears & 1% Milk	Pretzels & Fresh Fruit
Tuesday	Cheese Crackers & Fresh Fruit	Cheese Quesadilla, Rice, Corn, Tomato, Mandarin Oranges & 1% Milk	Soy Nut Butter on Crackers w/Water
Wednesday	Graham Crackers & 1%	Lentil Soup, Flat Bread, Oranges, Cheese Slice, Cucumber, Wheat Fig Bar & 1% Milk	Goldfish Crackers & Raisins * <i>Pre-K Sack Lunch Field Trip</i>
Thursday	Snack Mix & Fresh Fruit	Ham Sandwich, Vegetarian Vegetable Soup, Pretzels, Apple Slice, Peaches & 1% Milk	Animal Crackers & Fresh Fruit or 100% Fruit Juice
Friday	Cereal & 1% Milk	Meatballs, Mashed Potatoes, Green Garden Salad, Oranges, Pudding & 1% Milk	Rice Cakes & Fresh Fruit