



FLEUR DE LIS SCHOOL
established in 1929

MENU

October 26-30, 2015

AM SNACK

LUNCH

PM SNACK

Monday

Cereal & 1% Milk

Turkey Corn Dogs, Mashed Potatoes, Mixed Vegetables, Broccoli, Pears & 1% Milk

Graham Crackers & Fruit

Tuesday

Snack Mix & Fruit

Macaroni & Cheese, Wheat Bread W/Spread, Cooked Carrots, Cucumber Slices, Applesauce & 1% Milk

Multi Grain Cracker & Hummus

Wednesday

String Cheese & Fruit

Soy Nut Butter & Jelly Sandwiches on Whole Wheat, Chicken Soup, Apple Slices, Carrot Sticks, Whole Grain Fig Bar & 1% Milk

Pretzels & Dried Cranberries & Blueberries

Thursday

Soy Nut Butter on Crackers W/Water

Chicken Nuggets, Noodles W/Olive Oil, Peas, Tomato Slice, Peaches & 1% Milk

Cream Cheese on Crackers W/Water

Friday

Goldfish Crackers & Raisins

Turkey Sandwich on Whole Wheat, Cottage Cheese, Oranges, Raisins, Pretzels, Fruit Cocktail & 1% Milk

Graham Crackers & Milk
