



FLEUR DE LIS SCHOOL
established in 1929

MENU

Nov. 30 – Dec. 4, 2015

AM SNACK

LUNCH

PM SNACK

Monday

Wheat Crackers
& Fresh Fruit

Cheese Quesadillas, Beans,
Rice, Tomatoes, Fruit
Cocktail & 1% Milk

Goldfish Crackers & Raisins

Tuesday

Cream Cheese on
Crackers W/Water

Fish Sticks, Noodles, Peas,
Carrot Sticks, Pudding &
1% Milk

Pretzels & Fresh Fruit

Wednesday

Rice Cakes &
Fresh Fruit

Turkey Sandwiches, Greek
Yogurt, Pretzels, Apples,
Broccoli, Pears & 1%
Milk

Cheese Crackers & Fresh Fruit

Thursday

Soy Nut Butter on
Crackers W/Water

Spaghetti, Bread W/Spread,
Green Beans, Carrot Sticks,
Applesauce & 1% Milk

Apple Chips & String Cheese

Friday

Cereal & 1% Milk

Whole Grain Crackers,
Cheese & Lunchmeat,
Chicken Soup, Oranges,
Raisins, Cucumber Slices,
Wheat Fig Bar & 1% Milk

Snack Mix & Fruit
