



FLEUR DE LIS SCHOOL
established in 1929

MENU

November 2-6, 2015

AM SNACK

LUNCH

PM SNACK

Monday

Cereal & 1% Milk

Spaghetti, Wheat Bread W/
Spread, Peas, Mixed Green
Salad, Pear & 1% Milk

Pretzels & Raisins

Tuesday

Goldfish Crackers
& Fresh Fruit

Crackers, Lunchmeat &
Cheese, Vegetarian
Vegetable Noodle Soup,
Cucumbers, Orange Slice,
Whole Wheat Fruit Bar &
1% Milk

Wheat Crackers & Fresh Fruit

Wednesday

Soy Nut Butter on
Crackers W/Water

Fish Sticks, Noodles, W/Olive
Oil, Cooked Carrots, Tomato
Slice, Peaches & 1% Milk

String Cheese & Apple Chips

Thursday

Graham Crackers
& Fresh Fruit

Bean & Cheese Burritos,
Rice, Corn, Sweet Red
Peppers Slices, Mandarin
Oranges & 1% Milk

Rice Cakes & Fresh Fruit

Friday

Snack Mix &
Fresh Fruit

Ham Sandwiches, Pretzels,
Non-Fat Greek Yogurt,
Apple Slice, Raisins,
Pineapple Chunks &
1% Milk

Cream Cheese on Crackers
W/Water
