



FLEUR DE LIS SCHOOL  
established in 1929

## MENU

November 16-20, 2015

### AM SNACK

### LUNCH

### PM SNACK

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#### Monday

Cheese Crackers &  
Fresh Fruit

Vegetable Lentil Soup,  
Whole Grain Roll, Sliced  
Turkey Lunchmeat, Cheese  
Slice, Apple, Wheat Fig  
Bar & 1% Milk

Snack Mix & 1% Milk

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#### Tuesday

Soy Nut Butter on  
Crackers W/Water

Chicken Nuggets, Mashed  
Potatoes, Peas, Carrot Sticks,  
Peaches & 1% Milk

Pretzels & Fresh Fruit

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#### Wednesday

Goldfish Crackers  
& Raisins

Chicken Taquitos W/Cheese,  
Rice, Corn, Tomato Slice,  
Pineapple & 1% Milk

Cream Cheese on Whole Grain  
Crackers W/Water

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#### Thursday

Cereal & 1% Milk

Ham Sandwiches, 2%  
Cottage Cheese, Oranges,  
Multi Grain Crackers,  
Broccoli, Pudding &  
1% Milk

Pita Chips & Hummus

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#### Friday

String Cheese  
& Fresh Fruit

Spaghetti, Wheat Bread  
W/Spread, Green Beans,  
Carrot Sticks, Applesauce  
& 1% Milk

Rice Cakes & 1% Milk