



FLEUR DE LIS SCHOOL
established in 1929

MENU

July 8-12, 2019

	AM SNACK	LUNCH	PM SNACK
Monday	Cereal & 1% Milk	Chicken Soup, Flatbread, Garden Salad, Hard Boiled Egg, Wheat Fig Bar & 1% Milk	Pita Chips & Fresh Fruit * Pre-K Classes Sack Lunch
Tuesday	Soy Nut Butter on Crackers w/Water	Turkey Sandwich, Pretzels, Yoghurt, Carrot Sticks, Pears & 1% Milk	Goldfish Crackers & Raisins
Wednesday	Graham Crackers & 1% Milk	Hot Dogs w/ Bun, Chips, Melon Wedge, Cheese Cubes, mandarin Oranges & 1% Milk	Cheese Crackers & Fresh Fruit
Thursday	String Cheese & Crackers	Chicken Nuggets, Noodles w/Olive Oil, Tomato Slice, Broccoli, Peaches & 1% Milk	Rice Cakes & Fresh Fruit
Friday	Cream Cheese on Crackers w/Water	Pizza, Garden Salad, Orange Wedge, Cucumber Slice, Pudding & 1% Milk	Snack Mix & Fresh Fruit (or 100% Fruit Juice)