



FLEUR DE LIS SCHOOL
established in 1929

MENU

July 23-27, 2018

	AM SNACK	LUNCH	PM SNACK
Monday	Cereal & 1% Milk	Ham Sandwich, Veggie Crisp Snacks, Cottage Cheese, Sweet Red Pepper, Pears & 1% Milk	Cheese Crackers & Fresh Fruit <i>* Pre-K Park Trip (Sack Lunch)</i>
Tuesday	Cream Cheese on Crackers w/Water	Spaghetti, Bread w/Spread, Green Garden Salad, Apple Slice, Peaches & 1% Milk	Pretzels & Fresh Fruit
Wednesday	Wheat Crackers & Fresh Fruit	Cheese Quesadillas, Rice, Cooked Corn, Tomato, Apple Sauce & 1% Milk	Goldfish, Crackers & Raisins
Thursday	Rice Cakes & Raisins	Soy Nut Butter & Jelly Sandwich, Pretzels, Yoghurt, Oranges, Fruit Cocktail & 1% Milk	Pita Chips & 100% Juice Popsicles
Friday	Graham Crackers & Fresh Fruit	Chicken Soup, Flatbread, Cheese Slice, Hard Boiled Egg, Olives, Carrots, Whole Wheat Fig Bar & 1% Milk	Soy Nut Butter on Crackers w/Water