



FLEUR DE LIS SCHOOL  
established in 1929

**MENU**

**July 15-19, 2019**

|                  | <b>AM SNACK</b>                    | <b>LUNCH</b>   | <b>PM SNACK</b>  |
|------------------|------------------------------------|--|--|
| <b>Monday</b>    | Cereal & 1% Milk                   | Soy Nut Butter & Jelly Sandwiches, Vegetarian Vegetable Noodle Soup, Oranges, Carrots, Fig Bar & 1% Milk | Pretzels & Fresh Fruit<br><br>* Pre-K Classes Sack Lunch |
| <b>Tuesday</b>   | Graham Crackers & Fresh Fruit      | Macaroni & Cheese, Rolls, Green Beans, Tomato Slice, Peaches & 1% Milk                                   | Soy Nut Butter on Crackers w/Water                       |
| <b>Wednesday</b> | String Cheese & Wheat Crackers     | Meatballs, Mashed Potatoes, Cooked Carrots, Broccoli, Pears & 1% Milk                                    | Goldfish Crackers & Raisins                              |
| <b>Thursday</b>  | Cheese Crackers & 100% Fruit Juice | Cheese Quesadillas, Rice, Tomato, Garden Salad, Applesauce & 1% Milk                                     | Snack Mix & Fresh Fruit                                  |
| <b>Friday</b>    | Cream Cheese on Crackers w/Water   | Turkey Sandwiches, Pretzels, Yoghurt, Carrots, Raisins, Mandarin Oranges & 1% Milk                       | Rice Cakes & Fresh Fruit                                 |