



FLEUR DE LIS SCHOOL  
established in 1929

## MENU

**April 15-19, 2019**

	<b>AM SNACK</b>	<b>LUNCH</b>	<b>PM SNACK</b>
<b>Monday</b>	Cereal & 1% Milk	Chicken Nuggets, Noodles, Peas, Carrot Sticks, Pears & 1% Milk	Soy Nut Butter on Crackers w/Water
<b>Tuesday</b>	Rice Cake & Fresh Fruit	Meatballs, Mashed Potatoes, Green Beans, Cucumbers, Peaches & 1% Milk	Wheat Crackers & String Cheese
<b>Wednesday</b>	Snack Mix & Fresh Fruit	Flat Bread, Turkey Lunch Meat, Vegetable Noodle Soup, Pretzels, Broccoli, Wheat Fig Bar & 1% Milk	Goldfish Crackers & Raisins
<b>Thursday</b>	Graham Crackers & Fresh Fruit	Cheese Quesadillas, Rice, Corn, Tomato Slice, Mandarin Oranges & 1% Milk	Pretzels & Hummus
<b>Friday</b>	Cream Cheese on Crackers w/Water	Soy Nut Butter & Jelly Sandwiches, Yoghurt, Veggie Crisp Sticks, Oranges, Applesauce & 1% Milk	Cheese Crackers & Fresh Fruit (or 100% Juice)